

# ONLINE CLASS TIMETABLE from 2<sup>nd</sup> November 2020

MONDAY	
8am	Pilates Fundamentals (Jacqui)
6pm	Dynamic Pilates (Tash)

TUESDAY	
6pm	Pilates Fundamentals (Jacqui)

WEDNESDAY	
7am	Dynamic Pilates (Jacqui)
9am	S&C (John)

THURSDAY	
5pm	S&C (Ky)

SATURDAY	
8am	Pilates (Tash/Jacqui)
10am	S&C (John/Tash)

**Book in via [physiosports.com.au](https://www.physiosports.com.au) or call 95969110.**