

# ONLINE CLASS TIMETABLE

## from 1<sup>st</sup> June 2020

MONDAY		
	Studio 1	Studio 2
7am		Dynamic Pilates (Jacqui)
8am	Pilates Fundamentals (John)	
9am	S&C (John)	
11am		Pilates Fundamentals (Bec)
4pm		Physio P.E. Teens (Tash)
6pm		Dynamic Pilates (Tash)

TUESDAY		
	Studio 1	Studio 2
7am	Dynamic Pilates (Jacqui)	
8am	Pilates Fundamentals (Jacqui)	
12pm	Stretch & Release (Jacqui)	
4pm	Physio P.E Kids (John)	
5pm		S&C (Ky)

WEDNESDAY		
	Studio 1	Studio 2
7am		Dynamic Pilates (Jacqui)
8am	Pilates Fundamentals (John)	
9am	S&C (John)	
1pm		Dynamic Pilates (Tash)
6pm		Stretch & Release (Bec)

THURSDAY		
	Studio 1	Studio 2
8am	S&C (Ky)	
9am	Dynamic Pilates (Ky)	
4pm	Physio P.E Kids (John)	Teens Pilates (Jacqui)

FRIDAY		
	Studio 1	Studio 2
8am	S&C (Tash)	
9am	Dynamic Pilates (Tash)	
3pm	Pilates Fundamentals (John)	

SATURDAY		
	Studio 1	Studio 2
8am		Dynamic Pilates (Jacqui/Bec)
9am		Pilates Fundamentals (Jacqui/Bec)
10am	S&C (John)	
11am	Stretch & Release (John)	

**Call 9596 9110 for more information or to book in!**